



GAY GUIDE

to Nottingham
2010-2011

Nottingham's Gay and Bi Men's Sauna

REFLECTIONS

1A Station House - Crocus Street - Nottingham

0115 955 3103

www.reflectionshealthclub.co.uk

Open every day from 12noon

Free parking in compound at rear of building.

Free and confidential sexual health screening
available every Tuesday 3pm-6pm by CitiHealth NHS Nottingham

18+

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Disclaimer. Whilst every effort is made to check the accuracy of information in this booklet, the inclusion of any group or service is for information only and should not be taken in itself as an endorsement or recommendation by Healthy Gay Nottingham.

THE GAY GUIDE

The Gay Guide is designed to help you find your way around groups, services and venues for lesbian, gay, bisexual and Trans people in Nottingham.

We've tried to make the guide as up to date as possible, but if we've missed something, give us a ring and let us know.

If you can't find what you are looking for locally, we have information on groups and organisations outside the area, which may be able to help. If we don't know the answer, we can usually find someone who does.

HEALTHY GAY NOTTINGHAM

Healthy Gay Nottingham works to promote the health and well being of gay and bisexual men.

You can talk to us about HIV, safer sex and sexual health. You can pick up condoms and lube, get vaccinated against Hepatitis B or be tested for HIV, syphilis, Chlamydia or Gonorrhoea. We offer counselling and psychotherapy as well as alternative therapies.

You can talk to us about anything affecting your life as a gay or bisexual man, from "coming out" to relationships, safer cruising and internet use, to reporting homophobic violence.

We provide all Nottingham gay venues with free condom and lube packs. For more information on what we offer, to arrange an appointment, or have an informal chat, contact us direct, (see back cover). If we're not around you can always leave a message on our confidential answering service and we'll get back to you.

Our email address is:
healthygaynottingham@nottinghamcity.nhs.uk

Our web address is: www.healthygaynottingham.org.uk
We are a free and confidential service

SOCIAL

BREAKOUT

Social group for gay and bisexual men. Fun events, outings, and speakers. Meets every Tuesday evening in The Health Shop building. Doors open 7.30pm for tea, coffee and biscuits. Main sessions begin at 8.00pm.

Tel: Healthy Gay Nottingham on (0115) 947 6868
or Nottingham Switchboard on (0115) 934 8485
Email: info@breakoutnottm.org.uk
Website: www.breakoutnottm.org.uk

CHAMELEON GROUP

Cross-dressing group. Nottingham Chameleons is one of the longest established support groups of the TS/TV community in the UK. They now meet on the second and fourth Thursdays of each month 8.00pm until 11.00pm. The group is open to all transgendered persons, their family and friends. There is plenty of on-site parking (not overlooked) and a large changing room is available. Refreshments can be purchased and a small charge covers the hire of the facilities that are for their sole use after 8.15pm. Further information can be found on the groups.

Email: nottinghamchameleons@yahoo.co.uk
Website: www.nottinghamchameleons.moonfruit.com

EAT OUT NOTTINGHAM

Eat Out Nottingham is a monthly dinner club. Eat, drink and be merry! Enjoy good conversation and good company. An excellent way to spend a Wednesday evening in Nottingham! This event began in 2006 and continues to be a success! Usually 12-20 diners. Newcomers always welcome. To secure your place and find out what's on the menu please **email:** eatoutnottingham@hotmail.co.uk

SUPPORT

BASE 51

Situated in Nottingham City Centre, BASE 51 provides a wide range of confidential support and services for young people aged 12-25 years. Services include Counselling, Under 18's service, Medical service, Contraception and Sexual Health Service, Condom Registration Point (c-card scheme), Drugs And Alcohol Advice, Housing Advice & Support, Benefits Advice, Support for Young Parents, Learning Support Scheme and various activities including Basic Skills Workshops (numeracy and Literacy) leading to accredited qualifications. Practical Services available include showers, laundry and cafe.

Centre opening times: No APPOINTMENT NECESSARY

Monday, Wednesday, Friday 9am - 4.00pm

Tuesday 12 noon - 4.00pm

Thursday 4pm - 7pm

How to access BASE 51:

Drop-in: ring doorbell and you will be met by a member of staff.

Address: 51 Glasshouse Street, Nottingham, NG1 3LP

Tel: (0115) 952 5040

Fax: (0115) 952 5080

Email: info@base51.org.uk

Website: www.base51.org.uk

CHILL OUT SOUND SUPPORT

A free and confidential service for non-injecting drug users aged 18 and over.

Services provided: Harm reduction advice and information; One to one crisis intervention and ongoing support, based on Cognitive Behavioural Therapy and Motivational Interviewing; Holistic therapies provided as part of a care plan, including Aromatherapy, Auricular Acupuncture, Reflexology, Reiki, Indian Head massage and Hot Stone Therapy; Outreach sessions in night-time venues; Information stalls at relevant events; Safer sex and contraceptive advice; Training on drugs, drug use and Safer Nightlife guidelines; Referral and signposting to other specialist services.

Phone, or call in, to make an appointment. If we are unable to answer the phone please leave a message on the answer machine and we'll get back to you as soon as possible.

Address: Floor2, Waverley Health Centre, 105-107
Portland Rd, Radford, Nottingham NG7 4HE
Tel: (0115) 845 2361
Email: chill.out@nottinghamcity.nhs.uk

FLAME (LESBIANS WITH M.E. GROUP)

Support and Social group for lesbians who suffer from M.E. (chronic fatigue syndrome).

Address: Self Help Team, Ormiston House,
32-36 Pelham Street, Nottingham
Tel: (0115) 911 1661
Email: nottslesbiancentre@ntlworld.com

HARMLESS

Harmless provide support, training and information about self-harm to people that self harm, their friends and families and professionals. We provide one to one support, and two weekly drop-in's for people to get support and information. We understand self harm, and distress and believe in hope and recovery and can be there to help people move forwards with their lives. For more information see our website.

Tel: (0115) 934 8445
Email: info@harmless.org.uk
Website: www.harmless.org.uk

HEALTH SHOP, THE

Advice for women who have sex with women. Advice and help with sexual health, drug use, domestic violence, etc. Service is free and open to women of all ages.

(Contact details see Health Shop under Sexual Health HIV section)

HEALTHY GAY NOTTINGHAM

Gay and bisexual men's health service. Free condoms and lube, Sexual health advice, out-of-hours Drop-In and clinics, outreach work, LGB awareness training, group work, one to one support and counselling, psychotherapy, alternative therapies also support in reporting homophobic incidents. Check website for clinic times.

Address: The Broad Street Centre, 12 Broad Street,
Hockley, Nottingham, NG1 3AL
Tel: (0115) 947 6868
Email: healthygaynottingham@nottinghamcity.nhs.uk
Website: www.healthygaynottingham.org.uk

HOMOPHOBIC INCIDENT REPORTING

If the incident is urgent always call 999.

If you need help in reporting a homophobic crime, you can speak to Healthy Gay Nottingham.

Tel: (0115) 947 6868

LAST ORDERS

Last Orders is a specialist service provided by Framework Housing Association and funded by NHS Nottingham City. We provide free practical and confidential advice to people living in Nottingham who want to reduce the amount of alcohol they drink. We work with GP practices, the wider community and other alcohol services to ensure people receive the appropriate support.

We can offer appointments at various locations across the City and nurses will see service users on a one to one basis. Last Orders also provides alcohol awareness outreach and alcohol awareness training to health professionals and other groups.

To arrange an appointment or to speak to one of the nurses:

Tel: (0115) 948 0201 or 0800 055 6184 (freephone)

Email: lastorders@frameworkha.org

Website: www.last-orders.org

NOTTINGHAM COUNSELLING SERVICE

Trained counsellors available who are gender aware, including gay, black and Asian workers. Counselling available Mon-Fri 9.00am – 8.30pm and Saturday 10.00am – 1.30pm

Address: 32 Heathcote Street, Nottingham.

Tel: (0115) 9501743

Website: www.nottinghamcounsellingcentre.org.uk

NOTTINGHAM AND NOTTINGHAMSHIRE LESBIAN AND GAY SWITCHBOARD

Confidential info, advice and support from trained volunteers.

Address: c/o VAC, 7Mansfield Road, Nottingham, NG1 3FB
Tel: (0115) 934 8485 or (01623) 621 515
Mon-Fri 7.00pm-9.30pm
Email: notts@lgswitchboard.fsnet.co.uk
Website: www.nottslgs.org.uk

NOTTINGHAM AND NOTTINGHAMSHIRE REFUGEE FORUM

Support for gay men from refugee or asylum communities.

Tel: (0115) 941 5599
Fax: (0115) 947 5358
Email: info@nottsrefugeeforum.org.uk
Website: www.nottsrefugeeforum.org.uk

NOTTINGHAM CITY COUNCIL-LGBT EMPLOYEE NETWORK GROUP

For any LGBT employee of the City Council.

Tel: Tricia Moores (0115) 876 3161
Email: lgbt@nottinghamcity.gov.uk

NTU PRIDE

Nottingham Trent University LGBT Society. Group for lesbian, gay, bisexual and transgender students. Regular socials and meets. Nottingham Trent Student Union on

Tel: (0115) 848 6200
Email: info@ntupride.org.uk
Website: www.ntupride.org.uk

OUTBURST

Outburst is No longer running. There is however a group for Trans Young People, which meet first and third Thursday, at room 3, International Community Centre, Mansfield Road.

Tel: 07940 761160
Email: davina.daniels@nottinghamcity.gov.uk
Website: "ROAR" GROUP ON FACEBOOK

OUTnetwork

Support network for LGBT employees within Nottinghamshire Police.

Tel: 07879 890 041
Confidential non-Police mobile with
24-hour answer phone.
Email: outnetwork@nottinghamshire.pnn.police.uk
Gaydar Guys: <http://gaydar.co.uk/lgbtnottspolice>
Gaydar Girls: <http://gaydargirls.co.uk/lgbtnottspolice>

RELATE

Relate are expert providers of relationship counselling. We offer counselling for difficulties in adult relationships (including sexual problems) and a specialised sex therapy service. We welcome enquiries from those in same sex relationships. You can come to see us either as an individual or together with your partner as a couple. Clients make a payment for their counselling. Bursaries are available for those who are unable to meet the full cost. Other services include family counselling and counselling for young people.

Address: 96 Mansfield Road, Nottingham.
Tel: (0115) 950 7836
Email: info@relate-nottingham.org.uk
Website: www.relate-nottingham.org.uk

STRAIGHT PARTNERS ANONYMOUS

(SPA) is a support group for straight people whose partners come out as gay, lesbian or bisexual. SPA is based in the UK and is anonymous because people may share as little or as much as they wish about their circumstances. SPA's purpose is to bring together straight people whose relationship with their gay, lesbian or bisexual partner is in crisis. We exist to support each other, not to bully gay, lesbian or bisexual people. Our bywords are confidentiality, privacy and respect.

For further information:

Tel: Vicky on (0115) 947 5414

Email: victoria.goring@nottinghamcity.nhs.uk
Or Janice via the website

Website: www.straightpartnersanonymous.co.uk

UNIVERSITY OF NOTTINGHAM LGBT ASSOCIATION

Social, welfare and political group for students.

Website: www.uonlgbt.org

VICTIM SUPPORT NOTTINGHAMSHIRE

An independent charity, which offers practical and emotional support to victims of crime, including families, bereaved by crime. Also operate a Witness Service, which offers help to victims, witnesses and their relatives at court.

Services are mainly provided through specially trained volunteers.

Address: East Midlands regional office, Alliance House,
6 Bishop Street, Leicester, LE1 6AF

Tel: (0116) 253 0101

Helpline: 0845 450 3899

Website: www.victimsupport.org.uk

ACCOMODATION

BANNA LESBIAN HOUSING

Reasonably priced lesbian housing and accommodation in Nottingham. Seeks lesbians to volunteer as co-op members.

Tel: Nottingham Switchboard on (0115) 934 8485

Email: bannahousing@yahoo.co.uk

FLAT SHARE/HOUSE SHARE

Nottingham switchboard has a constantly changing file of people who are offering flat/house shares. Most are in/near Nottingham but about 25% are in other parts of the county. Rents and facilities vary.

Tel: Nottingham Switchboard on (0115) 934 8485

MORRIGAN LESBIAN HOUSING COOPERATIVE

Morrigan Housing Co-operative offers affordable, good quality accommodation for lesbians in single or shared tenancy. Why Apply? You are in control of your own housing, as the tenants are also it's landlords. An ideal opportunity to learn how to manage property and gain new skills. If you would like to manage your own housing through a co-operative please contact morrigancoop@aol.com or phone (0115 942 2229) to register an interest.

NOELLE HOUSE

Safe accommodation for women, without discrimination. Gives priority to black women, lesbians, lesbian couples and HIV+ women.

Tel: (0115) 911 9420 (Monday to Friday, 9-5)

If you are in need of housing urgently please contact the Gateway Team at Housing Aid, Parliament Street, Nottingham Tel: 0115 9153000 to be referred to Noelle House. If you wish to be placed at Noelle House please make sure the Gateway Team are made aware of this when you go for your interview. If you would like support in contacting the Gateway Team please feel free to call us and we will help you through the process.

COMMUNITY DEVELOPMENT

LINK - Nottingham City Local Involvement Network

LINK is part of a government initiative to give local people a greater say on how their health and social care services are planned and run. LINK is independent of any health and social care organisation and is made up of local people, community groups and organisations to ensure that local views are listened to. Your LINK will give you the chance to have a say and suggest ideas to help improve health and social care services. LINKs will not take over from groups that are already working for the community. Instead, because LINKs will bring together the whole community, they should make it easier for groups and individuals to be heard.

If you would like to raise an issue, participate in the LINK and be kept informed of local issues that may affect you then please contact:

Address: Unit E2, Southgate Business Park, Cowlairs,
Off Hucknall Road, Nottingham NG5 9RA.
Tel: (0115) 975 4647
Email: info@strongerlocalvoice.com
Website: www.strongerlocalvoice.com

NOTTINGHAMSHIRE'S RAINBOW HERITAGE

A local LGBT History project sponsored by the Heritage Lottery fund. The project is gathering interviews, artefacts and memorabilia. It organises events and displays each February for LGBT History Month and at other times of the year. If you would like to be involved in any way contact:

Tel: (0115) 934 9529
Email: nottsrh@hotmail.co.uk
Website: www.nottsrainbowheritage.org.uk

NOTTINGHAM CITY COUNCIL LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT) FORUM

The forum is made up of individuals and representatives from a number of community groups e.g. HGN-Healthy Gay Nottingham (formerly GAI project), Nottingham and Notts. Lesbian & Gay switchboard, BreakOUT. It is an official group recognised by Nottingham City Council and its role is to challenge and support the Council, particularly around issues that have an impact on LGBT people. If you are interested in being involved in the forum, or have issues you would like us to consider, please contact Nottingham City Council Equality & Diversity Team.

Tel: (0115) 915 8788

Email: equalityanddiversityteam@nottinghamcity.gov.uk

NOTTINGHAM PRIDE

A not for profit organisation, which organises the premier East Midlands LGBT festival. Volunteers always needed. Thanks to repeated success, Now held at the Forest Recreation Ground, Forest Fields (Goose Fair site) because we have reached capacity at the Arboretum.

Website: www.nottinghampride.co.uk

HOLIDAYS

THE NEW GABLES HOTEL

A New Exclusively Gay and Gay-Friendly hotel. This quality budget hotel has just been completely refurbished and combines original charm with a modern design. This luxurious but affordable accommodation has been designed with our guests in mind. All the Beds & Bedding are all Anti-Allergy, with tea making facilities, TV, and free Wi-Fi and fully en-suite bathroom.

Address: 1 Hucknall Road, Nottingham, NG5 1AE
Tel: (0115) 985 7764
Website: www.newgableshotel.co.uk

SHINE HOLIDAYS

The Turkey specialist offering you exclusively gay and lesbian gulet cruises on the Aegean coast of Turkey. We are the only holiday company to offer exclusively gay and lesbian traditional Gulet holidays to gay and lesbian professionals with a spirit of adventure. Perfect for those seeking sun filled days of rest and relaxation, and evenings of good food, wine and conversation set against a backdrop of some of the Aegean coasts most stunning sunsets. 10% discount to readers of the Nottingham Gay Guide.

Tel: 0174 371 8468 or there is a skype link on our 'contact us' page
E-mail: info@shineholidays.co.uk
Website: www.shineholidays.co.uk

SPORT/OUTDOOR

HYKING DYKES

Regular walks, usually in Derbyshire, on third Sunday of the month. Bring lunch. Walks are between 6-10 miles. Transport can be arranged from Nottingham.

Tel: Nottingham Switchboard on (0115) 934 8485

Website: <http://nottinghamhd.homestead.com/>

NOTTINGHAM BALL BOIS FC

Nottingham's gay and gay friendly team competes in the national Gay Football Supporters' Network League. We have training sessions on Sunday evenings. Players of all ages and abilities welcome, as are supporters and social members.

Tel/SMS: 07828 014952

Email: info@nottinghamballbois.com

Website: www.nottinghamballbois.com

Facebook: <http://www.facebook.com/group.php?gid=19310692896>

SPARTA NOTTM WOMEN'S FOOTBALL CLUB

For committed players aged 16+.

Details and contact information on website.

Website: www.spartawfc.co.uk

WOMEN'S BADMINTON

All standards from beginners to experienced. Thursday Evenings and Saturday mornings. City centre location.

Tel: (0115) 982 6952

Email: lookoutmag@hotmail.com

Nottingham is ambitious, are you?

Nottingham City Council is proud to be a Stonewall Employment Champion and to support all our LGBT colleagues and citizens.

Nottingham is a strong and determined city with a clear and ambitious vision for the future. It will continue to grow as a place to live, work and enjoy.

Nottingham City Council is one of the city's major employers, aiming to attract and retain talent across all our services and to have a truly representative workforce, reflecting the community we serve.

For more information on working for us, visit our website: www.mynottingham.gov.uk/jobs and to find out more about our ambitious plans for the city visit: www.onenottingham.org.uk



Stonewall
DIVERSITY CHAMPION



Nottingham
City Council

SCENE

AD2

Gay Variety Bar - Open Tuesday - Thursday 4.00pm - 2.00am, Friday 4.00pm - 3.00am, Saturday 2.00pm - 3.00am, Sunday 2.00pm - 2.00am. Offers membership card where drink vouchers are sent every month, plus fresh new drink offers EVERY MONTH. Cabaret every Sunday.

Address: 74 Lower Parliament St, NG1 1EH

Facebook: Ad-two Nottingham

Website: www.ad2.uk.com

Email: contactad2@googlemail.com

BROADWAY

Gay friendly cinema/bar/café. Shows art house/world/experimental film, some gay themes. Hosts a number of festivals each year, including the annual Lesbian and Gay film Festival.

Address: Broad Street, Hockley, Nottingham.

Tel: (0115) 952 6611 / 915 6600 box office

Website: www.broadway.org.uk

EAST MERCIA MSC

A friendly men's club who welcomes guys who are into leather, rubber, skinhead kit, full replica sports kit, western and work gear. Operates a strict dress code. East Mercia MSC was founded in 1982 and is one of the largest MSC groups in the country with over ninety members. Meets regularly in the cellar bar at the Lord Roberts from 21:00 – Midnight on the second Friday of each month. Find us on Facebook or visit our website.

Website: www.emmsc.org.UK

LACE MARKET GAY QUARTER: BROADWAY, THE LACE MARKET, NOTTINGHAM, NG1 1PS

Propaganda:

Open Monday, Wednesday, Thursday, Friday, Saturday 8pm - 3am, Sunday 8pm - 12:30am. Propaganda is an icy cool destination pre bar used by fashionable, attitude free, fit boys & girls before moving onto Fuel Night Club. Special weekly events – Pounded £1 Selected Drinks all Night on Wednesday, (all 3 venues). Drag Cabaret & Show every Thursday night.

Foundation:

Open every day except Tuesday from 4pm. Happy Hour 4 - 9pm every day. Foundation is a stylish intimate pre – club bar with sophisticated '30 something's' clientele. Special weekly events – Drag fronted Quiz & Handbag Exchange every Monday

Fuel:

Open Wednesdays, Fridays and Saturdays from 11pm. Three floored über cool chic gay night club with entertainers, drag DJ's, live acts & drinks offers.

Special events – First Saturday of the month Pop Tarts.

LORD ROBERTS

Newly refurbished, mixed/straight friendly pub, open pub hours. Food available 11.45am- 4.00pm. FREE wi-fi access. Green room available for private functions. Disabled users - level access from entrance on Old Lenton Street - one step to toilets, ramp access on request. Smoking area. Quiz nights etc.

Address: Broad Street, Hockley, Nottingham.

Tel: (0115) 941 4886

Facebook: <http://www.facebook.com/home.php#/thelordroberts>

THE NEW CARRINGTON INN

Gay run, gay friendly traditional pub with a friendly mixed crowd. Daily 'real' food, regular live music, discos & Sunday karaoke, a popular pool table, and a fab outside decking area. Wheelchair access. Jukebox. Dog and child friendly. Free car park.

MUSIC:

Thurs: Rock Nite
Fri & Sat: Live music and/or discos
Sun: Fortnightly karaoke. We welcome new music acts and happily cater for your parties, just ask! Keep an eye on our notice boards or contact us for info.

FOOD:

Tues - Sat: 12 - 3 and 5 - 8 **Sundays:** 12 - 5 ,
Mon: cobs etc available .
Tues: Curry & a Pint £5.
Sunday: Roasts & all trimmings

OPENING HOURS:

Mon – Weds: 12 - 12 **Thurs – Sun:** 12 – 1am
Address: 335 Mansfield Road, NG5 2DA
Tel: (0115) 962 2458
Website: www.thenewcarringtoninn.co.uk

NG1

Award winning stylish club with 2 dance floors and 4 bars. Smoking Terrace. Open Friday, Saturday, Sunday. Great atmosphere, offering wide choice in music, from commercial pop to RnB to funky vocal dance music. Last Friday of the month "Poptastic" playing cheesy Pop and Indie, the first Saturday of the month brings you "Night Train" with all the best in Funky House Arena 1 and your favourite Chart, Commercial & Pop in Arena 2.

Address: 76-80 Lower Parliament Street,
Nottingham, NG1 1EH.
Tel: (0115) 958 8440
Website: www.ng1club.co.uk

NEW FORESTERS

Mixed gay bar. Pool table. Karaoke every Thursday, disco every Friday, Sunday's cabaret fortnightly. NOTE: Saturday we have an extension till 4am (door charge £1 from 1am till 2am). Smokers' area - covered and heated beer garden.

Opening: Mon-Wed 13.00 – 00.30am
Thursday 13.00 – 04.00am
Friday 13.00 – 04.00am
Saturday 11.00 - 04.30am
Sunday 14.00 – 03.00am

Please note Thurs - Sunday door closes 02.00am

Address: St. Anns Street (behind Victoria Centre)
Nottingham

Tel: (0115) 958 0432

Website: www.newforesters.com

REFLECTIONS HEALTH CLUB

An exclusive Gay & Bi Men's Health Club with the following facilities - Large Double Sauna, 10 person Steam Room, Hot Tub, Refreshment Lounge, two DVD Lounges, free pool table, showers, & lockers, etc. Open 7 days a week, 12 Noon till 9.00pm (last entry at 7.30pm).

Except Sundays close at 8pm (last entry at 6.30pm).

Age requirement 18 plus.

Normal admission Price £10, Return within 5 days and admission £8, Discounts for students, unemployed and senior citizens. Weekly Ticket £22, giving access over 7 consecutive days.

Address: Reflections, 1A Station House,
Crocus Street, Nottingham, NG2 3DE

Tel: (0115) 955 3103

Website: www.reflectionshealthclub.co.uk

PINK

Nottingham's largest and latest opening modern gay bar, has adequate seating, along with pool table and large multi level dancefloor complete with poles. Open 7 days a week, drinks offers throughout the week and a variety of entertainment. TWISTED HEARTS is one not to be missed every Monday from 10pm till late and drink offers to boot! TATTOO'S AND TIARA'S is bringing you the latest in alternative music the first Saturday of every month! Check in bar for latest dates and offers with regards to our URBAN NIGHTS. So come check us out and expect the unexpected!

Address: 47 Heathcoat Street, Nottingham, NG1 3AG.

LEGAL

CAMPIONS SOLICITORS AND PROPERTY CENTRE

Free half hour advice on all family matters including property and children. Free telephone advice. Legal Aid available. Discounted hourly rates. Low Cost conveyancing and Estate Agency.

Address: 45-49 Mansfield Road, Nottingham, NG1 3FH

Tel: 0800 107 1208 (free phone) Office hours.

Please email outside office hours.

Email: admin@champions.co.uk

Website: www.championsolicitors.co.uk

WARD AND GRIFFITHS SOLICITORS

Gay friendly practice specialising in criminal and family law.

Tel: (0115) 964 9500

SEXUAL HEALTH / HIV

GU MEDICINE AT CITY HOSPITAL

No referrals needed for sexually transmitted infection clinic. Medical care and support services for people with HIV, Hep B vaccinations, etc. (wheelchair access).

Address: Hucknall Road, Nottingham NG5 1PB

Male Reception: (0115) 962 7745

Female Reception: (0115) 962 7747

Text phone: (0115) 962 7639

THE HEALTH SHOP

Free condoms, lube, dental dams and gloves, Hep B vaccination, testing for HIV, syphilis, Gonorrhoea, Chlamydia. Drugs advice and acupuncture, complementary therapies, needle exchange. Gay and lesbian workers available for support around sexuality and safer sex.

Address: The Health Shop, 12 Broad Street, Hockley, Nottingham, NG1 3AL

Tel: (0115) 947 5414

Email: healthshop@nottinghamcity.nhs.uk

HEALTHY GAY NOTTINGHAM

Out of hours sexual health clinics for gay and bisexual men. Testing for HIV, syphilis, Gonorrhoea, Chlamydia, Hep B. Sexual health advice. Free condoms and lube. For contact details see our listing in SUPPORT section.

NOTTINGHAM POSITIVE CARE TEAM (NPCT)

Specialist hospital and community services for people living with HIV, including social worker, dietician, community nurse.

Address: Positive Care Team, Department of Infectious Diseases, Nottingham City Hospital, Hucknall Road, Nottingham, NG5 1BP

Tel: Joy Rushton, social worker on 07946 084 580

NOTTS HARSHIP FUND

Charity providing small grants to people living with or affected by HIV in Nottinghamshire. Organises fund raising events, donations welcome. Referrals are made through representatives of health and social services.

Tel: Armoral Young on (0115) 845 7135

PROSTITUTE OUTREACH WORKERS PROJECT (POW)

Works with men and women who sell sex. Street outreach, free condoms and contraception, drop in, home visits, benefit and welfare advice, personal development, counselling, holistic therapy, pen pal service to people in prison, sexual health information, drug and alcohol advice, prescribing days, referral to other agencies.

Address: 16 Independent Street, Radford, Nottingham NG7 3LN

Tel: (0115) 924 9992

Website: www.pow-advice.co.uk

TAGADERE

Self help support for people living with HIV.

Address: C/O Self help Nottingham, Ormiston House,
32-36 Pelham Street, Nottingham, NG1 2EG.
Tel: (0115) 911 1661 (ask for TAGADERE)
Email: tagadere@hotmail.co.uk
Website: www.tagadere.org.uk

TERRENCE HIGGINS TRUST

(Also see NATIONAL SCENE section)

HIV services and support in Nottingham. Provide one to one advice, support groups and training as well as general information on HIV and sexual health. Also offer a sexual health check up including the fast test (Rapid HIV Test)

Address: 23 Barker Gate, Lace Market, Nottingham, NG1 1JU
Tel: (0115) 882 0121
Email: info.Nottingham@tht.org.uk
Website: www.tht.org.uk

PUBLICATIONS

LOOKOUT

Quarterly lesbian newsletter. Articles, contributions and volunteers to help in production welcome.

Email: lookoutmag@hotmail.com

Address: c/o Nottingham Women's Centre,
30 Chaucer Street, Nottingham NG1 5LP.

QB - NOTTINGHAMSHIRE'S QUEER BULLETIN

A bi-monthly free LGBT newsletter available on the scene and also at Broadway, The Playhouse, the main county libraries, health shop, women's centre and online.

Website: www.nottsrainbowheritage.org.uk

RELIGIOUS/SPIRITUAL

NOTTINGHAM LESBIAN & GAY CHRISTIAN MOVEMENT

Support and fellowship for gay people with a Christian background. Meetings 2nd Friday of the month and social events.

Email: nottinghamlgcm@hotmail.co.uk

SUPPORT (NORTH NOTTINGHAMSHIRE)

NORTH NOTTS LGB DEVELOPMENT GROUP

The Group works in partnership with a range of organisations so that a positive difference can be made for LGB people living, working and playing in North Nottinghamshire.

Tel: (01909) 476118 ext 24
Website: www.northnottslgb.org.uk
Email: welcome@northnottslgb.org.uk

SPORT / OUTDOOR

NORTH NOTTS LESBIAN AND BI WOMEN'S WALKING GROUP

A walking group for lesbian and bi women living in or around North Notts. Monthly Sunday walks ranging from 4-8 miles covering the North Nottinghamshire area.

Tel: 07961 847 091
Email: nnwalkers@yahoo.co.uk

SEXUAL HEALTH / HIV

GU MEDICINE AT KINGS MILL HOSPITAL

Sexually transmitted infection clinic, also offering medical care and support for people living with HIV.

Address: Mansfield Road, Sutton in Ashfield,
Mansfield, NG17 4JL
Tel: (01623) 672 260 (clinic hours)
Or (01623) 642 814 (health advisors direct line)

RETFORD - Bassetlaw Hospital

Appointments or walk in clinics. Telephone for times or to book an appointment.

Address: GUM Clinic - Sexual Health Clinic
Community Headquarters
North Road, Retford DN22 7XF
Tel: 01777 274 400
Fax: 01777 710 535

WORKSOP - Ryton Street Centre

The department offers a confidential free service for all age groups concerned about sexual health infections including HIV, Hepatitis B-C, offering screening, diagnosis, treatment and vaccination for Hep B.

Monday: Telephone only appointments and advice
9.00am to 11.00am
Wednesday: Appointments 12.30am to 3.30pm, Walk In
1.30pm to 3.00pm & 4.30pm to 6.30pm.
Thursday: 9.00am to 11.15am
Tel: (01909) 506418

SCENE

AND WHY NOT

Gay friendly pub. Gay night every Wednesday at the Late Lounge (above pub). 10.00pm - 2.00am

Address: Leeming Street, Mansfield
Tel: (01623) 633 330

CHEEKY MONKEY

Gay friendly bar. Pre-club drinks on a Wednesday.

Address: Leeming Street, Mansfield.
Tel: (01623) 633 330

THE SOCIAL

Mansfield's premier gay bar. Sunday Pink Pound Promotions on certain drinks and free entry. Open Monday to Wednesday 12noon to 12 midnight, Thursday to Sunday 12noon to 3am. Find us on Facebook: Social Mansfield

Address: Stockwell Gate, Mansfield, NG18 1LA
Tel: (01623) 238 477
Email: the_social_bar@hotmail.com

ZEUS SAUNA

Sauna for gay and bisexual men, open seven days a week 12 noon – 9.00pm, last admission 8.00pm. Small, friendly and fun. We have a range of admission concessions available, including for all armed forces and emergency services (as a thank you) Call for more info.

Tel: (01623) 422 257
Website: www.gay-mansfield.com
Email: gay_mansfield@hotmail.co.uk

NATIONAL SCENE

BROKEN RAINBOW UK

National support for LGBT people experiencing domestic violence.

Tel: 0300 999 5428 [LGBT]
Website: www.broken-rainbow.org.uk

FFLAG

Support for family and friends of lesbians and gay people.

By Post: FFLAG, PO Box 495, Little Stoke, Bristol, BS34 9AP

Tel: 0845 652 0311
Email: info@fflag.org.uk
Website: www.fflag.org.uk

GAY LONDON POLICING INITIATIVE (GALOP)

London's lesbian, gay, bisexual and transgender (LGBT) community safety charity. Advice, information and advocacy for those who experience homophobic or transphobic hate crime or who have issues with the police.

Helpline: 020 7704 2040

If you are deaf you should dial 18001 followed by the full telephone number from your Textphone. This will enable a Typetalk operator to be brought into the call.

Website: www.galop.org.uk

GMFA

The gay men's health charity. GMFA develops a wide range of health resources, designed to inform and support gay men in making healthy choices, particularly around sex. GMFA projects include information websites, advertising campaigns, leaflets, postcards and booklets, FS magazine, free groupwork courses as well as specific campaigns for Black gay men and HIV positive gay men.

Tel: 020 7738 6872
Website: www.gmfa.org.uk

LONDON LESBIAN AND GAY SWITCHBOARD

Help line: 020 7837 7324 Open 10:00am - 11:00pm.
Minicom: 020 7689 8501 Open 10:00am - 11:00pm
Office: 020 7837 6768 Open 10:00am - 6:00pm
Address: PO Box 7324, London, N1 9QS
Website: www.llgs.org.uk

NAZ PROJECT

HIV prevention project for Asian, Muslim, North African, Latin American and people from the Horn of Africa.

Address: 30 Blacks road, London. W6 9DT
Tel: (020) 8741 1879
Email: npl@naz.org.uk
Website: www.naz.org.uk

STONEWALL

The UK's leading lesbian, gay and bisexual charity. Stonewall runs a free info service for individuals, organisations, and employers who need advice on their rights. Our Freephone Info Line is open Monday to Friday, 9.30am to 5.30pm.

Charity working for lesbian, gay & bisexual equality.

Address: Tower Building, York Road, London, SE1 7NX.
Tel: 020 7593 1850
Info Line: 08000 50 20 20
Email: info@stonewall.org.uk
Website: www.stonewall.org.uk

SURVIVORS

Help for men who have been sexually assaulted.

Tel: 0845 122 1201 (Mon. Tue. Thu. 7.00pm – 10.00pm)
Email: info@survivorsuk.org
Website: www.survivorsuk.org

TERRENCE HIGGINS TRUST

HIV support organisation and help line.

Tel: 0845 1221 200
Email: info@tht.org.uk
Website: www.tht.org.uk



OUT AND ABOUT IN

GAY
NOTTINGHAM

1. New Foresters
2. Broadway
3. Lord Roberts
4. HGN & The Health Shop
5. AD2
6. NG1
7. Pink
8. Propaganda
9. Foundation
10. Fuel



**LAST
ORDERS**

Drinking too much?

Need advice about alcohol?

Call Last Orders FREE on:

0800 055 6184

Healthy Gay Nottingham

0115 947 6868

healthygaynottingham@nottinghamcity.nhs.uk
www.healthygaynottingham.org.uk



CitiHealth NHS Nottingham